NFKthrive provides coaching to Norfolk residents to guide them as they advance their goals, whatever they may be, and position themselves toward greater self-sufficiency.

With support from NFKthrive, participants may be able to:
- Pay off debt
- Buy a home
- Change careers
- Make more money
- Plan for the future
- Start a savings account
- Advance your education
- Find financial freedom
- Reduce stress and anxiety

**HOW IT WORKS:**

1. **Referral & Intake**
   After we receive your referral, you’ll meet one-on-one with your mentor so they can assess your needs.

2. **Care Coordination**
   With support from your mentor, you will set and achieve goals and be referred to community resources.

3. **Closing the Loop**
   Your mentor will support you biweekly and you will receive incentives for each goal you accomplish.

**ELIGIBILITY:**
- Meet the criteria of ALICE: Asset Limited, Income Constrained, Employed
- Safely and stably housed
- 18 years of age and older
- Resident of Norfolk, VA
- Have a child enrolled in a Norfolk city school

**NFKTHRIVE.ORG**

For more information, contact:

Enter contact information here...

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