2018/2019 Competency-Based Task/Competency List for Practical Nursing II (8358/18 weeks, 280 hours)

NOTE: This course has specific state laws and regulations from a governing medical board or agency. Please contact the Virginia Department of Education, Office of Career and Technical Education prior to implementing this course. All inquiries may be sent to cte@doe.virginia.gov.

All tasks are considered essential statewide and are required of all students.

Expand all

✓ Definitions ✓ Questions ✓ Related SOLs ✓ Other Related Standards print

Demonstrating Workplace Readiness Skills: Personal Qualities and People Skills

1. Demonstrate positive work ethic.
2. Demonstrate integrity.
3. Demonstrate teamwork skills.
4. Demonstrate self-representation skills.
5. Demonstrate diversity awareness.
6. Demonstrate conflict-resolution skills.
7. Demonstrate creativity and resourcefulness.

Demonstrating Workplace Readiness Skills: Professional Knowledge and Skills

8. Demonstrate effective speaking and listening skills.
9. Demonstrate effective reading and writing skills.
10. Demonstrate critical-thinking and problem-solving skills.
11. Demonstrate healthy behaviors and safety skills.
12. Demonstrate an understanding of workplace organizations, systems, and climates.
13. Demonstrate lifelong-learning skills.
14. Demonstrate job-acquisition and advancement skills.
15. Demonstrate time-, task-, and resource-management skills.
16. Demonstrate job-specific mathematics skills.
17. Demonstrate customer-service skills.
Demonstrating Workplace Readiness Skills: Technology Knowledge and Skills

18. Demonstrate proficiency with technologies common to a specific occupation.
19. Demonstrate information technology skills.
20. Demonstrate an understanding of Internet use and security issues.
21. Demonstrate telecommunications skills.

Examining All Aspects of an Industry

22. Examine aspects of planning within an industry/organization.
23. Examine aspects of management within an industry/organization.
24. Examine aspects of financial responsibility within an industry/organization.
25. Examine technical and production skills required of workers within an industry/organization.
26. Examine principles of technology that underlie an industry/organization.
27. Examine labor issues related to an industry/organization.
28. Examine community issues related to an industry/organization.
29. Examine health, safety, and environmental issues related to an industry/organization.

Addressing Elements of Student Life

30. Identify the purposes and goals of the student organization.
31. Explain the benefits and responsibilities of membership in the student organization as a student and in professional/civic organizations as an adult.
32. Demonstrate leadership skills through participation in student organization activities, such as meetings, programs, and projects.
33. Identify Internet safety issues and procedures for complying with acceptable use standards.

Demonstrating Processes of Infection Prevention and Control

34. Identify Occupational Safety and Health Administration (OSHA) regulations and guidelines.
35. Demonstrate appropriate hand-hygiene techniques.
36. Demonstrate how to clean instruments and supplies.
37. Demonstrate isolation procedures to include personal protective equipment (PPE) as it applies to the Centers for Disease Control and Prevention (CDC) regulations on disease processes.
38. Demonstrate double-bagging technique.
39. Demonstrate the handling and disposal of contaminated material.
40. Demonstrate medical asepsis.
41. Demonstrate surgical aseptic techniques.

**Mastering Nursing Competencies/Skills in the Clinical Setting**

42. Demonstrate assessment procedures as outlined in the Board of Nursing Regulations in a laboratory and/or clinical setting.
43. Demonstrate measuring and recording intake and output in a laboratory and/or clinical setting.
44. Demonstrate alternate feeding methods and techniques in a laboratory and/or clinical setting.
45. Demonstrate appropriate body mechanics in a laboratory and/or clinical setting.
46. Explain procedures and law regarding use of mobility equipment in a laboratory and/or clinical setting.
47. Maintain a safe and controlled environment within laboratory and clinical environments.
48. Identify prevention of, and appropriate response to, situations of domestic violence within laboratory and clinical environments.
49. Perform procedures related to American Heart Association (AHA) first aid and emergency care in a laboratory and/or clinical setting.
50. Identify environmental safety precautions and procedures within laboratory and clinical environments.
51. Demonstrate range of motion in a laboratory and/or clinical setting.
52. Explain the admission, transfer, and discharge procedures of a clinical setting.
53. Perform procedures related to personal hygiene and activities of daily living (ADL).

**Understanding Fluid and Electrolyte Balance**

54. Explain the role of fluids in maintaining homeostasis.
55. Describe the major types of acid-base imbalances.
56. Describe the principles of intravenous (IV) therapy.

**Applying Concepts Related to Wellness and Illness**

57. Explain physiological and psychosocial aspects of the illness and disease process.
58. Demonstrate a head-to-toe assessment.
59. Identify common diagnostic procedures.
60. Identify common treatment modalities.
61. Apply the nursing process as it relates to the surgical patient/client.
62. Apply the nursing process to a client with neoplastic disease (cancer).
63. Apply the nursing process to a client with acquired immunodeficiency syndrome (AIDS).

**Understanding Principles of Growth and Development**

64. Identify global health influences on growth and development across the lifespan.
65. Examine principles of growth and development across the lifespan.
66. Summarize theories of growth and development across the lifespan.
67. Describe the influences of heredity and environment on growth and development across the lifespan.
68. Explain growth and development of the infant.
69. Explain growth and development of the toddler.
70. Explain growth and development of the preschooler.
71. Explain growth and development of the school-aged child.
72. Explain growth and development of the adolescent.
73. Explain growth and development of the young adult.
74. Explain growth and development of the middle adult.
75. Explain growth and development of the older adult.

Understanding Concepts of Grief, Death, and Dying

76. Describe the stages of death and dying.
77. Identify the major fears of the dying client.
78. Identify signs and symptoms of approaching death.
79. Describe the grieving process.
80. Identify a nurse's responsibilities associated with the death of a client.
81. Apply the nursing process for a client with palliative care needs.

Introducing Concepts of Medication Administration

82. Identify general principles of pharmacology.
83. Identify principles of pharmacodynamics/pharmacokinetics.
84. Explain the principles of medication administration.
85. Calculate medication dosages.

Describing the Opioid Crisis

86. Describe the history and current state of the opioid crisis in the United States.
87. Describe the history and current state of the opioid crisis in Virginia.
88. Define the pharmacological components and common uses of opioids.

Examining the Key Factors of Drug Addiction

89. Examine the science of addiction.
90. Explain prevention and early intervention strategies.
91. Identify addiction and its behavioral elements, as defined by the Diagnostic and Statistical Manual of Mental Disorders (DSM-5).
92. Describe the treatment models of addiction therapy.
93. Describe the medication management antidote used to prevent fatal opioid overdoses.
Understanding Pain Management Protocols

94. Explain the science of physiological and mental pain.
95. Describe the diagnostic tools used in developing pain management plans.
96. Describe pain treatment options available to various populations of patients.
97. Describe the effects of opioid dependency on the human body systems.
98. Explain the mechanism and physical effects of opioids on the human body.
99. Explain the use of opioids in practice settings, the role of opioids in pain management, and risk factors associated with the use of the medication.
100. Describe the withdrawal and tapering side effects of opioid use.
101. Describe storage and disposal options for opioids.
102. Explain community resources for education about opioid use.

Working with Patients and Caregivers

103. Describe key communication topics involving opioids for patients.
104. Describe communication topics for caregivers and family members.

Supporting Career and Technical Education in Virginia’s Public Schools