



# Norfolk Public Schools

The cornerstone of a proudly diverse community

February 10, 2025

Dear Parent or Guardian:

During the month of May, Norfolk Public Schools will begin the Family Life Education (FLE) program for the 2024-2025 school year. The FLE program has been in existence since 1988 and is aligned to the 2020 Virginia Department of Education Family Life Education Standards of Learning. All lessons will be taught by teachers who have received special training in the area of FLE and students will be encouraged to discuss the topics with you.

The FLE curriculum is available for review on the Norfolk Public Schools Website through the Department of Health, Safety and Physical Education (<https://www.npsk12.com/FLE>). Additionally, a copy of the instructional materials is available in each school's media center. The SOL objectives for your child's grade level are included with this letter as well as online. If you have any questions or concerns, please contact your child's principal.

It is important for all parents/guardians who wish to opt their child out of the FLE program, or opt out of specific lessons, to submit the attached FLE opt out form to their child's teacher. Parents and guardians can also use the QR code on the next page to submit opt out preferences digitally. If an opt out form is not received, your child will be included in the FLE program.

We appreciate the continued partnership with parents and guardians as we collaborate to provide the best education for Norfolk's children.

Sincerely,

James M. Pohl, Ph.D.  
Chief Academic Officer  
Norfolk Public Schools