

# **Student Worksheet B**

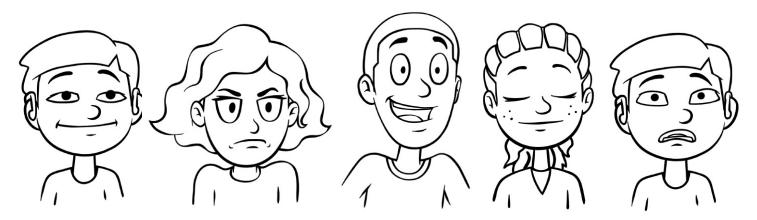
Carmen's Corner Episode 2: Feelings

### Word of the day

The word of the day is *feliz*, which means *happy* in Spanish. What does happy mean to you? What makes you happy?

### Your feelings

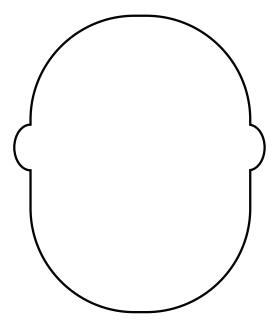
Color in the face that shows the feeling you are having right now. Check your feelings chart to find the right word and put it underneath the face that shows your feeling.





### You're the artist

Draw your own feelings face and put the feeling word next to it!



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# Cheer practice

Do you have a favorite cheer or thing that you say to cheer people up?

# Define it

Coping skills are the healthy things we do to help us feel better. What do you do when you want to feel better?