2016-2017 Athletics

Fall (starts Sept. 12)  Winter 1 (starts Feb. 1)
Boys & Girls Volleyball  Boys & Girls Soccer
Club Boys Tennis  Wrestling
Cheerleading  Club Debate
Softball
Football (First official practice Aug. 29)

Winter 2 (starts Oct. 26)  Spring (starts Mar. 16)
Forensics  Girls Tennis
Boys & Girls Basketball  Boys & Girls Track
Competition Cheer  Field Hockey
Baseball

Information and Requirements for participation
- Students must have a Sports physical for the current school year*
- Parent and athlete must complete concussion training each school year. Visit www.nps.k12.va.us, click on the “Student” tab and find the Athletics and Activities page to access the concussion education. After watching the video, you must print the form, sign it, and return it to the Athletic Director along with their physical*
- 2.0 GPA
- Practices will be held Monday-Friday from 3-5 PM
- Bus transportation is provided on all practice days as well as to and from all games.
- Please refer to www.nps.k12.va.us and go to the athletics page for links to the parent handbook

*Physical and concussion should be complete PRIOR to participating in try-outs