



**OLD DOMINION
UNIVERSITY**

ACADEMIC SUCCESS INITIATIVES AND SUPPORT

TRIO

UPWARD BOUND

Upward Bound is a federally funded program whose goals are to motivate and provide academic assistance to eligible high school students who show promise for success in education beyond high school. The Upward Bound Program supports 77 students and has two phases, a summer residential phase and an academic year phase. In addition, the program offers Summer Bridge. The Upward Bound Program has been on the campus of ODU for over 30 years.

**WORKING TOGETHER:
TARGET AREA SCHOOLS**

Norfolk: Granby High School, Lake Taylor High School, Maury High School, Norview High School, Booker T. Washington High School
Portsmouth: Churchland High School

ELIGIBLE PARTICIPANTS MUST:

- Meet the income eligibility criterion established by Federal Guidelines
- Be a potential first-generation college bound student (neither of whose parent(s) received a baccalaureate degree)
- Be at least 13 years old and a rising 9th grader at the time of acceptance
- Be enrolled in the 9th, 10th or the beginning of the 11th grade, enrolled in one of the target area high schools
- Be a citizen or national of the United States
- Reside in Norfolk or Portsmouth
- Have a need for academic support in order to successfully pursue a program of study in education beyond high school

UPWARD BOUND PROGRAM COMPONENTS

ACADEMIC YEAR COMPONENT

- Offers academic skills instruction designed to assist students in the subject areas of English (composition and literature), mathematics through pre-calculus (calculus), laboratory science, and foreign language
- PSAT, ACT, SAT, Financial Literacy, and academic course instruction designed to supplement the participants' academic course load undertaken at the home school
- Seminars for participants and parents are offered and Computer applications offered
- College and cultural tours taken
- Stipends awarded

SUMMER RESIDENTIAL COMPONENT

- Offers a simulated college life
- Participants reside on campus for six weeks with intense six week course instruction in core subject areas
- American Sign Language and the book component of driver's education
- Seniors given paid work study assignments throughout the campus
- Seminars given for participants and parents
- College and cultural tours taken
- Stipends awarded

SUMMER BRIDGE (Selection based on students entering ODU after high school graduation)

- Created to assist its first generation participants to have a smooth transition into university life
- To understand the purpose of university life and its values afforded
- To understand the importance of the university catalog and major requirements
- To understand the relationship between student and advisor
- To advocate for oneself through effective communication
- Stipends awarded

SERVICES

ACADEMIC ASSISTANCE

Classroom instruction and tutorial assistance in English, reading, mathematics, science (and laboratory science), foreign languages (French and Spanish), and social studies

COLLEGE TOURS AND CULTURAL ENRICHMENT

Provided to increase students' awareness of college admissions requirements and to increase awareness of their environment

• **COLLEGE TOURS include:**

Virginia Tech, George Mason University, Fayetteville State University, Howard University, Hampton University, James Madison University, Virginia Commonwealth University, New York University and Virginia State University, Clark Atlanta

• **CULTURAL SITES include:**

The National Museum of African American History and Culture, the Smithsonian Institute, the Museum of American Finance, Wall Street, and the Schomburg Center for Research in Black Culture

GUIDANCE AND COUNSELING

- Assist participants in academic strategies for success (effective time management, test taking skills, studying techniques, note taking)
- Assist seniors with FAFSA completion and understanding the Student Aid Report
- Assist in understanding and eliminating obstacles that hinder academic success
- Assist students in making educational and career choices

SEMINARS include:

Career choices, college preparation, understanding financial award letters for college entrance, PSAT, ACT, SAT preparation, time management, study skills, financial literacy, test taking, peer pressure, bullying, in addition to other seminars for academic and social enhancement

PARENT WORKSHOPS include:

Upward Bound program partnering, understanding financial terms for college loans, completion of the FAFSA, educational resources offered for parents, among others

For more information contact:

Old Dominion University
Federal TRiO Upward Bound Program

Email: upwardbound@odu.edu
Phone: (757) 683-4315



OLD DOMINION
UNIVERSITY

USE BLACK OR DARK INK (Please print)

(Applicant) Last Name First Name Middle Initial

Home Address: _____

Street City State Zip Code

Cell/Home Phone Number _____ Email Address: _____

Date of Birth: _____ Age: ____ Race: _____ Sex: __Male __Female

(For statistical purposes only)

Do you have a disability? (Y/N): ____ If yes, please describe _____

Are you a citizen or permanent resident of the United States? (Y/N) ____

Is English your native language? (Y/N) ____

Name of Present School _____ City _____ Free/Reduced Lunch (Y/N): _____

Grade Point Average (GPA) _____ Current Grade Level: _____ Expected High School Graduation Year: _____

(should agree with transcript)

PARENT INFORMATION

Mother's Name: _____ Address: _____

(If not living, write DECEASED)

Occupation of Mother _____

Education of Mother: College Graduate (Bachelor's Degree) __Yes __No

Father's Name _____ Address _____

(If not living, write DECEASED)

Occupation of Father _____

Education of Father: College Graduate (Bachelor's Degree) __Yes __No

Annual Taxable Income of Father _____ Annual Taxable Income of Mother _____

Guardian's Name (if applicable) _____ Address _____

Total Family Income _____ Number of Persons in Household _____

REFERENCE

Please provide the name and email address of a counselor or teacher at your school who could provide a reference:

NOTE: The following documents should accompany the application when it is submitted:

1. Documentation of family income (1040 form or written statement noting income status.)
2. School Transcript or Latest Report Card showing academic progress or need.

Applicant's Signature: _____

Parent/Guardian's Signature: _____

Applicant Does Not Write Below This

INTERVIEWER'S COMMENTS:

Application Decision (A, R, WL): _____